

Illusion of my Life

"Ilusion de mi Vida"

Choreography: Ron & Mary Noble, 1570 N. Kings Valley Hwy Dallas, OR 97338 (503) 623-3782
 Nov - Mar 13624 East 51st Lane Yuma, AZ 85367 (928) 345-0760
 With assistance by Larry Caves, Stardust Dance Studio, Mesa, AZ
 and Circle 8 Ranch Phase 5-6 Dancers

Record: CD Color Tango: Con Estilo para bailar - vol 1, "Ilusion de mi Vida", Track 5
 Available at WWW.thetangocatalogue.com

Phase: V Argentine Tango Vals Rdancer@aol.com
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Footwork: Opposite, directions for man (lady as noted) June 2004 vers 1.1

Sequence: INTRO, A, B, A mod, C, B, B, D, ENDING

- INTRO -

1 - 4 Embrace Position M facing WALL Trail ft free WAIT 4;;;;

1-4 Embrace Position M facing Wall trail ft free Wait 4;;;;

5 - 8 BOTH LA PIZ & CLOSE; POINT SIDE (twice);; STEP SIDE;

--3 5 [BOTH LA PIZ & CLOSE] Draw circle with R, -, cl R to L (W draw circle with L, -, cl L to R;;;;

--- --- 6-8 [POINT SIDE (twice) STEP SIDE] Point sd L, -, bring L to R; point sd L, -, bring L to R; side L, -, -; (W point sd R, - bring R to L; point sd R, -, bring R to L; sd R, -, -;)

9 - 16 FINISH BASIC;; CRADLE (twice);;;; TRNG TANGO CLOSE to LOD;;

1-- 1-3 9-10 [FINISH BASIC] fwd R outside partner in CBMP, -, -; fwd & sd L, -, cl R; (W bk L in CBMP, -, -; bk & sd R, -, cross L in front of R;)

1-- 1-- 11-14 [CRADLE (twice)] Fwd L trng slightly lf, -, tap RIBL; bk R trng slightly rf, -, tap LIFR; fwd L trng slightly lf, -, tap RIBL; bk R trng slightly rf, -, tap LIFR; (W bk R trng lf, -, tap LIFR; fwd L trng rf, -, tap RIBL; bk R trng lf, -, tap LIFR; fwd L trng rf, -, tap RIBL;)

1-- 1-3 15-16 [TRNG TANGO CLOSE to LOD] Fwd L trng lf fc to LOD, -, -; sd R, -, cl L LOD; (W bk R trng lf fc, -, -; sd L, -, cl R;)

- A -

1 - 4 START BASIC M CLOSE;; W SENTADA;;

1--1-3 1-2 [START BASIC M CLOSE] Bk R, -, -; sd L with upper body trng lf, -, cl R; (W fwd L, -, -; sd R trng lf, -, -;)

(1--1--)

1-- --- 3-4 [W SENTADA] Sd L rotating lf to RSCP fc DRW, -, -; hold, -, -; (W XLIB, -, -; flick R foot in front of L, -, -;)

5 - 12 CONTINUOUS SENTADA (to RIGHT;; to LEFT;; to RIGHT;; to LEFT;;)

1-3 1-- 5-6 [to RIGHT] Sd & bk R, -, XLIBR rotating rf; sd R to fc SCP DLW, -, -; (W fwd R trng rf, -, cont trn sd L; completing trn bk R flicking L foot in front of R, -, -;)

1-3 1-- 7-8 [to LEFT] Sd L, -, XRIBL; bk L to RSCP fc DRW, -, -; (W fwd L trng lf, -, cont trn sd R; completing trn bk L flicking R foot in front of L, -, -;)

1-3 1-- 9-10 [to RIGHT] Repeat meas. 5-6;;

1-3 1-- 11-12 [to LEFT] Repeat meas. 7-8;;

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13 - 16 **W OCHOS M CLOSE;; TANGO CLOSE to LOD;;**

- 1-- 1-3 13-14 **[W OCHOS M CLOSE]** Sd R, -, rotating rf; sd L swvl lf to CP DRW, -, cl R; (W fwd R swvl rf, -, -; fwd L swvl lf to face partner, -, -;)
(1-- 1--)
15-16 **[TANGO CLOSE to LOD]** Repeat meas. 15-16 of INTRO to face LOD;;

- B -

1 - 4 **START THE BASIC W BOLEO;; THRU SWIVEL; FWD;**

- 1--1-- 1-2 **[START THE BASIC W BOLEO]** Facing LOD bk R, -, -; sd L rotate LF, -, rotate RF; (W fwd L, -, -; sd R bringing lower L leg up parallel to floor, L leg swings CCW, swings CW ;)
1-- 1-- 3-4 **[THRU SWIVEL; FWD]** Thru R in SCP, -, swvl rf; fwd L, -, -;
(W thru L, -, -; swvl rf bk R, -, -;)

5 - 8 **FINISH THE BASIC;; BACK to the OCHO; FWD to the LA COBRA;**

- 1-- 1-3 5-6 **[FINISH THE BASIC]** Fwd R outside partner in CBMP, -, -; fwd & sd L, -, cl R to fc LOD;
(W bk L, -, -; bk R, -, XLIF;)
1-- 1-- 7-8 **[BACK to the OCHO - FWD to the LA COBRA]** XLIBR swvl rf, -, -; fwd R in SCP swivel rf ½ to CP RLOD, -, -; (W fwd R swivel rf to SCP, -, -; fwd L in SCP, -, -;)

9 - 12 **LA COBRA (twice);; W FWD OCHO;**

- 1-- 1-- 9-12 **[LA COBRA (twice) W OCHO]** Bk L swvl W to SCP RLOD, -, -; fwd R swvl rf to fc ½ to CP LOD, -, -; bk L swvl W to SCP LOD, -, -; fwd R swvl lf, -, -; (W fwd R outside M swvl rf ½ to SCP, -, -; fwd L, -, -; fwd R outside M swvl rf ½ to SCP, -, -; fwd L swvl lf, -, -;)

13 - 16 **OUTSIDE SWIVEL; PICKUP; TRNG TANGO CLOSE to COH;;**

- 1-- 1-- 13-14 **[OUTSIDE SWIVEL – PICKUP]** Bk L swvl rf, -, -; fwd R swvl lf to CP LOD, -, -; (W fwd R outside partner swvl rf, -, -; fwd L swvl lf, -, -;)
15-16 **[TRNG TANGO CLOSE to COH]** Repeat meas. 15-16 of INTRO to face COH

17 - 20 **START THE BASIC M CLOSE;; BACK OCHO; W SIT M LA PIZ;**

- 1--1-3 17-18 **[START THE BASIC M CLOSE]** Bk R, -, -; sd L with lf rotation, -, cl R; (W fwd L, -, -; sd R rotating lf, -, -;)
(1--1--)
1-- 19-20 **[BACK OCHO W SIT M LA PIZ]** Sd L with rf rotation, -, -; rotate W CW draw circle with R, -, -; (W XLIB & swivel rf, -, -; XRIB to a sit, -, -;)

21 - 24 **MAN'S STOP (MAN'S R FT to W'S L FT); REC L; FOOT SLIDE to the right; STP BK;**

- 1-- 1-- 21- **[MAN'S STOP (MAN'S R FT to W'S L FT) – REC L]** Fwd R to inside edge of W's L ft, -,
22 (--- ---) -; rec L moving DLW, -, -; (W hold, -, -; hold, -, -;)
--3 1-- 23-24 **[FOOT SLIDE to the RIGHT & STEP BACK]** Moving DLW slide R to the rt sliding W's L,
(-3 1--) -, take wt on R; XLIBR, -, -; (W allows M to slide her L, -, take wt on L; XRIBL, -, -;)

25 - 28 **FOOT SWINGS;;; LADY RONDE & FWD;**

- --- 25-28 **[FOOT SWINGS – W RONDE & FWD]** Swing R to rt, -, -; swing R bk to lf, -, -; swing R to
--- --- rt, -, swivel LF; fwd R DRC, -, -; (W swing L to her lf, -, -; swing L to her rt, -, -; swing L to her lf, -, swivel LF; bk L, -, -;)

29 - 32 **WALK 2;; TRNG TANGO CLOSE to RLOD;;**

- 1-- 1-3 29-30 **[FINISH THE BASIC;;]** Fwd L outside of partner, -, -; fwd R DRC, -, -;
(W bk R, -, -; bk L, -, -;)
31-32 **[TRNG TANGO CLOSE to RLOD]** Repeat meas. 15-16 of INTRO to CP RLOD;;

- A mod -

1 - 14 REPEAT MEAS. 1 – 14 of PART A;::; ::; ::; ::;

15 - 19 CORTE W LEG CRAWL;; REC; M LEG CRAWL & CL;;

- 1-- --- 15-16 [CORTE LEG CRAWL] Dip back L & twist slightly, -, -; hold, -, -; (W dip fwd R, -, -; raise L leg up M R leg, -, -;)
- 1-- --- 17-19 [REC - M LEG CRAWL & CL] Rec R, -, -; raise L leg up W R leg, -, -; cl R to L to fc RLOD, -, -; (W rec L, -, -; hold, -, -; cl R to L, -, -;)

- C -

1 - 8 RT FOOT BASIC;::; BACK ZIG ZAG (twice);; ZARANDEO;;

- 1--1-- 1-4 [RT FOOT BASIC] Facing RLOD bk R, -, -; sd L, -, -; fwd R outside of partner, -, -; sd & fwd L, -, cl R to L CP RLOD; (W fwd L, -, -; sd R, -, -; bk L, -, -; sd & bk R, -, XLIFR;)
- 1--1-- 5-6 [BACK ZIG ZAG (twice)] Swvl lf bk L, -, swvl rf 1/4; bk R, -, swvl lf 1/4 to fc RLOD; (W swvl lf fwd R, -, swvl rf; fwd L, -, swvl lf;)
- 8 7- [ZARANDEO] Without changing wt rotate upper body lf, then rt several times;; (W raises lower R leg at knee parallel to floor. As the man rotates, the woman rotates also causing the lower R leg to swing back and forth;)

9 - 12 FWD ZIG ZAGS (four times);::;

- 1-- 1-- 9-12 [FWD ZIG ZAGS (four times)] Swvl rf fwd L, -, swvl lf 1/4; fwd R, -, swvl rf 1/4; fwd L, - swvl lf 1/4; fwd R, -, swvl to fc partner RLOD; (W swvl rf bk R, -, swvl lf; bk L, -, swvl rf; bk R, -, swvl lf; bk L, -, swvl to fc partner;)

13 - 16 CRADLE;; TANGO CLOSE to RLOD;;

- 1-- 1-- 13-14 [CRADLE] Fwd L trng slightly lf, -, tap RIBL; bk R trng slightly rf, -, tap LIFR; (W bk R trng lf, -, tap LIFR; fwd L trng rf, -, tap RIBL;)
- 15-16 [TANGO CLOSE to RLOD] Repeat meas. 15-16 of INTRO to face RLOD;;

- B -

Note: Part B begins facing RLOD and ends facing LOD

- B -

Note: Part B begins facing LOD and ends facing RLOD

- D -

1 - 4 START THE BASIC MEN CLOSE;; BACK OCHOs;;

- 1--1-3 (1--1-- 1-2) [START THE BASIC M CLOSE] Facing RLOD bk R, -, -; sd L, -, cl R rotating lf; (W fwd L, -, -; sd R, -, swiveling slightly lf;)
- 1-- 1-- 3-4 [BACK OCHOs] Sd L, -, rotate rf; sd R, -, rotate lf; (W bk L, swvl 1/2 rf, -; bk R, swvl 1/2 lf, -;)

5 - 8 W's MOLINETE M RONDE;; TANGO CLOSE to LOD;;

- 1-- 1-- (1-3 1-- 5-6) [W's MOLINETE M RONDE LF] Sd & fwd L rotating strongly lf, ronde R lf 1/4, -; cl R to fc LOD, -, -; (W XLIB rotating lf, -, sd R; fwd L swvl to fc partner, -, -;)
- 7-8 [TANGO CLOSE to LOD]] Repeat meas. 15-16 of INTRO to LOD;;

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- 9 - 12** **START THE BASIC MEN CLOSE;; BACK OCHOs;;**
- 1-- 1-3 9-10 **[START THE BASIC M CLOSE]** Facing LOD bk R, -, -; sd L, -, cl R rotating LF; (W fwd
(1-- 1--)
L, -, -; sd R, -, swiveling slightly lf;)
- 1-- 1-- 11- **[BACK OCHOs]** Sd L, -, rotate rf; sd R, -, rotate lf;
12 (W bk L, swvl ½ rf, -; bk R, swvl ½ lf, -;)
- 13 - 16** **W's MOLINETE M RONDE;; TANGO CLOSE to RLOD;;**
- 1-- 1-- 13- **[W's MOLINETE M RONDE LF]** Sd & fwd L rotating strongly lf, ronde R lf 1/4, -; cl R to fc
14 RLOD, -, -; (W XLIB, sd R, fwd L; swvl to fc partner, -, -;
(1-3 1-3)
15- **[TANGO CLOSE to RLOD]** Repeat meas. 15-16 of INTRO to RLOD;;
16

- ENDING -

- 1 - 14** **REPEAT MEAS. 1 – 14 of PART A to FC RLOD;;; ;;; ;;; ;**
- 15 - 16** **FWD; RIGHT LUNGE;**
- 1-- 1-- 15-16 **[FWD RIGHT LUNGE]** Fwd L, -, -; lunge sd & fwd R DRC, -, -;
(W bk R, -, -; lunge sd & bk L, -, -;)

Note:

The Argentine Tango Vals figures are danced to the waltz music using three types of timing.

1. One step per measure, on the first beat.
2. Two steps per measure, usually on the first beat and the third beat.
3. Three steps per measure, one step on each beat of music.

Definitions:

LA CUNITA (CRADLE) – A figure involving a rocking motion.

LA COBRA – A figure involving an inside swivel followed by a stepping through.

MOLINETE – A grapevine action

OCHO – A figure describing the number eight on the floor traced by the Woman's foot.

SENTADA – A chair bringing the free foot with bent knee across in front of the weighted foot.

STOP – Bringing a foot in contact with the partner's foot which stops the movement.